

# **SSHA**

## **Annual conference**

Hilton Metropole Hotel  
September 11th – 13th 2009

**Sexual Health: Diverse challenges, diverse workforce**



The Claude Nicol Centre for Sexual Health

# FRIDAY 11th September 2009

Chaired by Ronald Seery

- 1.00 – 2.00pm**      **Tea/Coffee & Registration**
- 2.00 – 2.15pm**      **Jamie Hardie** – Welcome and Introduction
- 2.15 – 3.00pm**      **Dr. David Pao** – Opening remarks & ‘Who’s transmitting HIV, is it really the undiagnosed?’
- 3.00 – 3.30pm**      **Gavin Bryce** – ‘Piloting ‘opt-out’ HIV testing in primary care in Brighton and Hove’
- 3.30 – 4.00pm**      **Tea/Coffee**
- 4.00 – 4.30pm**      **Mike Jones** – ‘HIV positive health care workers and occupational health (to tell or not to tell?)’
- 4.30 – 5.00pm**      **Eileen Nixon and Gaynor Lawrenson** – ‘A PGD for PEP - is it the way forward?’
- 5.00 – 5.30pm**      **Dawn Whittaker** – ‘A Window of opportunity: health adviser psychological work in a women’s prison’
- 5.30 – 6.15pm**      **Adebisi Alimi and Paul Clift** – ‘But we’ve always been here! Male same-sex practice in African communities.’
- 6.20pm**              **Close**
- 7.30pm**              **Dinner for Residents**

# SATURDAY 12th September 2009

Chaired by Martin Murchie

- 8.15 – 9.15am**      **Breakfast for Residents**
- 9.30 – 10.00am**    **David Cox** – ‘Working with young people who have HIV/AIDS’
- 10.00 – 10.30am**   **Liz Dean** – ‘Fantasy vs Reality: the influence of pornography’
- 10.30 – 10.45am**   **Karen Reay** – UNITE
- 10.45 – 11.15am**   **Paul Driscoll** ‘The role of non-professional staff in health adviser/GUM practice – finding the right recipe’
- 11.15 – 11.40pm**   **Tea/Coffee**
- 11.40 – 12.40pm**   **SSHA AGM**
- 12.40 – 1.10pm**    **Catherine Stevens** – ‘A sex workers perspective on men that buy sex’
- 1.10 – 1.30pm**      **Linda Furness** – ‘The street life bus Cardiff’
- 1.30 – 2.30pm**      **Buffet Lunch – Restaurant**
- 2.30pm – 4.00pm**   **Workshops**
- 1 Gill Bell and Merle Symonds**  
    – ‘Managing PN across the community: would a ‘PN Bureau’ help?’
- 2 Richard Williams**  
    – Tendering for sexual health services – the health advisers role
- 3 Justine Mellor and Robert Palmer**  
    – ‘Implementing NICE guidelines in practice – successes or struggles?’

- 4.15pm Close
- 4.45pm – 6.15pm Free Time or Guided Walking Tour
- 7.30pm Drinks Reception
- 8.00pm Celebrity Guest Speaker Jo Brand
- 8.30pm 3 Course Dinner, Line Dancing & Disco, Late Bar

## SUNDAY 13th September 2009

Chaired by Linda Furness

- 9.00 – 10.00am Breakfast
- 10-15 – 10.45am [Chris Harbut](#) – ‘Partner notification and Primary Care in Greater Glasgow and Clyde’
- 10.45 - 11.15am [Richard Betournay](#) – ‘Alcohol, young people and sex, can health advisers help prevent the hangover?’
- 11.15 - 11.35am Tea/Coffee
- 11.35 – 12.15pm [Robert Palmer](#) – “Goodbye. And thanks for the syphilis”
- 12.15 – 12.45pm [Ben Tunstall](#) – ‘A European Model of HIV prevention in MSM – The everywhere project’
- [Jonathan Roberts & Jules Davies](#) – ‘Sexual health awareness in a military preparation College’
- 12.45 - 1.00 pm Conference End – [Jamie Hardie](#)

**Packed lunch provided to take away**

# Speaker Biographies

## Friday

**Dr. David Pao** gained his medical degree from the University of London in 1995 and came to Brighton towards the end of his GUM / HIV specialist training in 2002. He became Senior Research Fellow in 2003 and is currently in post as Locum Consultant in GUM / HIV. During this time, alongside clinical commitments, he has been instrumental in developing Brighton's research into HIV transmission. He is currently completing his MD thesis on the contributory factors that drive HIV epidemics.

**Gavin Bryce** is a public health and health development professional with a special interest in HIV prevention and sexual health. Gavin currently works for NHS Brighton and Hove where he is strategic lead for HIV prevention and sexual health promotion within the public health team. Gavin also works as a Consultant for the International AIDS Vaccine Initiative (IAVI) and with a range of other non-governmental organisations focused on HIV prevention in developing countries.

**Mike Jones** is currently employed as a Health Adviser at the Claude Nicol Clinic/Lawson Unit in Brighton and has worked in Health Advising since 1992. Prior to this he worked in the voluntary sector with the homeless, people with HIV and mental health service users. He is also experienced in training, group work facilitation and consultancy in both the statutory and voluntary sectors.

**Eileen Nixon** is currently an HIV Nurse Consultant at Brighton and Sussex University Hospitals, Brighton, UK. On a clinical level, Eileen delivers nurse-led clinics for people with HIV who are essentially stable on HIV therapy but who have complex multiple health or social care needs. She is also the lead for HIV PEP for occupational and sexual exposures. Eileen has just finished a 5 year term on the Executive Committee for the UK National HIV Nurses Association (NHIVNA) and led the working group for the development of National HIV nursing competencies that were published in June 2007. Eileen has established an HIV Nurse Education programme in University Teaching Hospital in Lusaka, Zambia and continues to have ongoing input into this project that is being rolled out to district health facilities.

**Gaynor Lawrenson** has worked as a health adviser for 2 years in the Claude Nicol Clinic in Brighton. As a qualified nurse most of her experience has been in sexual health and HIV. Posts have included Community Nurse Specialist in HIV, Deputy Sister of a Sexual Health Clinic and Staff Nurse in a HIV Continuing Care Centre.

**Dawn Whittaker** is a Health Adviser based in the Women's Health Clinic at Holloway Prison and the Marlborough Department at the Royal Free Hospital. She is currently completing a post-graduate diploma in psychodynamic counselling.

**Paul Clift** is the HIV Patients' Representative at King's College Hospital, and is currently studying Politics & Sociology at Birkbeck College. He is a peer reviewer for HIV Treatments Update and other publications of the National AIDS Manual. He was Community Representative at the BHIVA Autumn Conference 2007, where he presented on Electronic Patient Records and the National Spine. In December 2007 he coordinated PWHIV input to the UK civil society component of the UNAIDS Country Review. He became a member of the UK Community Advisory Board Steering Group in July 2009.

**Adebisi Alimi** is a 34 year old Nigerian living in London. He came to the United Kingdom for the first time in 2007 to attend the CHAPS conference. During this visit he had the opportunity of networking with organizations. He returned to Nigeria after the conference, but one major event during his visit (his interview on BBC world service), led to his return to the UK after a threat to his life by the Nigerian government. He is the first openly gay man from Nigeria.

He started the strongest gay group in Nigeria called The Independent Project, and he has been involved in LGBT advocacy in Nigeria since the age of 23. Presently he is working with Naz project London as the African MSM sexual health worker. Here in the UK, he has been advocating for a service provision developed by service users for services users. He is also in charge of the NPL/Panos service user/service provider toolkit, a project funded by the Department of Health. His strong desire to see more African gay men taking charge of their sexual health led him to organize the Africa MSM sexual Health Conference in August.

## Saturday

**David Cox** has worked in Sexual Health for 15 years as a Health Adviser at St Georges Hospital, London which is the main centre for Paediatric HIV Care in South West London. Having worked closely with Paediatrics, David was instrumental in establishing the transition of young people into adult services through the work of the Penta Transition Clinic and Penta Young Adult Clinic. Previous to this, he worked for 3 years with the Rainbow Trust, a charity working with terminal ill children and their families, at a Respite Centre in Leatherhead Surrey.

**Liz Dean** has been directly involved in sex education and sexual health promotion work for over 8 years. She has a background in youth work and teaching. Liz has a Masters Degree in European Health Promotion from Brighton University where she conducted a piece of qualitative research exploring on the influence of pornography on young men's sexual health - their attitudes, sexual development and behaviour. Liz is currently working as a Senior Sexual Health Promotion Practitioner for Brighton & Hove Primary Care Trust and she has been in post for over 6 years. Liz has also been working as an associate trainer for the FPA for over a year delivering the course 'Fantasy Vs Reality: The impact and influence of pornography on young people' to practitioners across England & Wales.

**Paul Driscoll**, a registered nurse and experienced sexual health advisor, is currently working as a lecturer at the University of Suffolk where he acts as the faculty lead on sexually transmitted infections, HIV and blood borne viruses. He is also actively involved in working alongside 'Skills for Health' in developing the associate practitioner role within the local NHS. Passionate about the role of sexual health advisor within genito-urinary medicine Paul continues to work in this capacity at Addenbrookes NHS Trust in Cambridge

**Catherine Stephens** after a string of jobs in the private sector, including estate agency, television and administration for an architectural practice, Catherine worked for an environmental campaigning organisation and with community development groups. For the past nine years she has worked in the sex industry, and has been involved in sex worker organising for most of that time. She is an activist with the International Union of Sex Workers and is a member of the GMB trades union's branch for people who work in the sex industry. She loves her job.

**Linda Furness** was born and educated in Wales, Linda trained as a nurse in Brighton then returned to Wales where an eclectic career ensued. Twelve years including haemodialysis, adult ITU and Neonatal ITC. Took career break to become full-time undergraduate studying the Humanities. After graduating returned to nursing and became CNS for TB and ran the TB Control Unit for the Health Authority. Whilst in this post undertook PGCE (FE). Next challenge was to run the Medical Department at The United World College of the Atlantic, based in a 12th Century castle by the sea in St Donats. Current post of Sexual Health Advisor taken up in 2002. Stayed in all previous posts for a maximum of five years. More than seven years in this role suggests I may have found my niche! My husband of 25 years and I live in Cardiff with Dave the Cat, and Eric the three legged dog.

## Sunday

**Richard Betournay** has worked as sexual health adviser since 2001, in central London clinics. He is originally from a nursing background, trained in CBT and worked as counsellor in alcohol and drug services. He has a special interest in looking at the factors that influence risk taking and adversely effect sexual health. He is currently SSHA representative for a Royal College of Physicians Working Party, looking at the evidence base for a connection between alcohol and poor sexual health in young people, and recommendations for brief interventions within sexual health settings.

**Chris Harbut**, a trained nurse, commenced his career in health advising in 1995 in West Sussex and whilst there obtained a Diploma in Sexual Health at Brighton University. He is currently employed at the Sandyford Initiative, Glasgow as a Sexual Health Adviser. In 2007 he became part of the Community Sexual Health Advising team and works alongside Sam King. They have developed strong links within the Greater Glasgow and Clyde communities, and have introduced the Shared Care Initiative which includes training

and support in primary care settings.

He has also appeared on national TV as a contestant in The Weakest link, but didn't win. He was however in the final three and puts his demise down to tactical voting.

**Robert Palmer** has been working in the field of HIV and sexual health for over twenty years, managing voluntary agencies, writing policy for local government and now based at Guy's and St Thomas' Hospitals, as the Lead Advisor and Specialist Psychotherapist. He has been teaching the SSHA MI courses over the last year, has a thriving private practice and lives in a little cottage in East London, with roses round the door, an evil cat and a very long suffering partner.

**Jonathan Roberts** started his current post as a Liaison Health Advisor in July 2003, with a remit to engage with primary and secondary care and provide tailored support in the management of sexually transmitted infections and HIV testing. Since 2007 he has worked part-time in this post and also part time as a Senior Lecturer in Sexual Health & HIV at the University of Brighton, co-ordinating courses within the Sexual and Reproductive Health (SARH) pathway. Jonathan is currently education officer for SSHA.

**Jules Davies** works as Liaison Health Advisor at the Claude Nicol Centre and also as Clinical Educator for the 4th year medical students undertaking their HIV/GUM rotation. Her work in the liaison role includes identifying other areas in Primary and Secondary Care where training or support around sexual health is needed – this includes outreach work from a wide range of services ranging from organising weekly school visits to the clinic to sharing tuna pasta bake and sexual health quizzes in local young women's hostels. Jules is currently planning her MSc dissertation and will be focusing on the challenges that face medical students when undertaking sexual history taking.

**Ben Tunstall** is a Senior Practitioner at the Terrence Higgins Trust. For 20 years he has designed, delivered and evaluated projects that enable marginalised communities to better manage their health and reduce risk behaviours both in the UK and Australia.

## **The Claude Nicol Centre for Sexual Health**

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